

One Day Training Costs

The cost for the one day training of Children in the Middle is \$1,250 for up to 30 people and \$40 for each additional person, plus travel expenses. In addition, the hosting agency must purchase 3 small booklets for each participant for a total of approximately \$8.00 per participant. CEUs can be provided at no additional charge. Cost for individuals not sponsored by a hosting agency is \$125 each.

July 16, 2004—Northeast Educational
Coop, Walnut Ridge, AR

August 26, 2004—Washington D. C.
Location to be announced

see www.divorce-education.com for additional dates

AWARDS

Positive Parenting Award

*National Council for Children's Rights
Telly Award*

Contact Information

Ms. Lupin may be reached by email at QB36@aol.com or by phone at 501.525.6719. Her address is P.O. Box 20345 Hot Springs, AR 71903. References Available.

What Others Are Saying

It was such a rewarding experience to be associated with people doing work to help families. It's a real thrill to see a great professional presenter at work, and you are truly marvelous. Also, for an hour after class yesterday I briefed a friend (going through a divorce) on the course contents who found them wonderfully practical. Thanks, and hope to stay in touch." *Liz Grizzard, Ed.D. Emporia, Va.*

"Children in the Middle is one of the most important prevention programs I have experienced. It has clearly shown me how profoundly affected children are who get caught in the crossfire of parental conflict. As an Addiction Specialist I regularly see the effects of family experiences on the behaviors of young people and adults. This is truly a crucial and important topic! Mimi Lupin uses her personal experience and professional understanding to make this training more of a passion than just a thought process. I am grateful that I attended this incredibly useful program training!" *Steve Allison, ARP/Phoenix Prevention Coordinator, ARP/Phoenix Prevention Center Asheville, NC.*

Mimi, I thought that you did very well and that a great deal of the information was new and needed by our attendees. I think that they had a very productive learning experience and walked away with hands knowledge that they could utilize immediately. Great job, your personal commitment is very there.

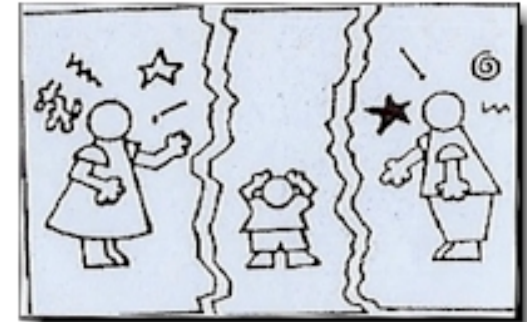
Barry Hantman, Program Manager, Dept. of Human Services, Office of Prevention and Training, Trenton, N.J.

I really enjoyed your workshop on June 2, 2004. Thank you for being a positive and motivating tool in my path. *Vanessa Williams, Family Advocacy Prevention Specialist, Army Community Service*

"I really enjoyed the class. Your presentation was very informative and you also did a fantastic job presenting the information. I will be contacting you soon for the presentation package. Again, thank you for informing me of this wonderful program."

Tawanda R. Anderson, Director, Tomorrow's Healthy Families, Inc. Chesapeake, Va.

Children in the Middle



A leadership Training for Children in the Middle



Children in the Middle

Children in the Middle is a video based program whose time has come. Fifty-seven percent of children in the classroom have divorcing parents. Their hearts are hurting. Children caught in the middle of their parents' conflicts during and after divorce may be experiencing any of the following signs.

- Loss of concentration and attention
- Declining grades and behavior problems
- Withdrawal from friends and anxiety
- Emotional outbursts and health problems
- Serious anger with one or both parents.
- Delinquency and substance abuse

What Can You Do?

Early identification and intervention of the root of these problems will often alleviate learning, emotional and behavioral problems, which can linger for years if not dealt with as they happen.

Leadership Training...

Children in the Middle, the only divorce education program that is a SAMHSA Model Program, focuses on the emotional issues the children are experiencing. As a SAMHSA model program, it is eligible for federal funding. The training gives counselors the tools to work effectively with parents in a private practice setting or for training parents as a part of a court mandated program. This interactive CIM leadership training provides a 4-hour model training for parents with two additional hours of ways to work with children and adolescents in a school or therapeutic setting.

An additional day of hands on training, developing and using a puppet show and art therapy to work with children and adolescents with the programs Children in the Middle and Old Me, New Me is also available. The CIM half day training for children helps children and teens understand why parents divorce, gives them ways to protect themselves, express feelings appropriately, and helps them to adjust to their parents' divorce. The half-day Old Me New Me training is skills based and offers stress management for children, decreases anger, anxiety and hyperactive behavior, while improving attention span, self-confidence and self-esteem.

Leadership Training: A Video Based Training Model

- Addresses the four most common situations in which children feel caught in the middle and proposes solutions.
- Teaches parents and children specific, concrete skills.
- Increases awareness of children's feelings and their point of view.
- Emphasizes the children's mental health Gives "hands on" activities for working with children and teens
- Gives parents insight into the grief cycle and anger, often a result of divorce and its affects on children.

Objectives of the Training

- Parents will learn how to apply the information to their own experiences.
- Parents will learn how conflicts affect their children long term and how to avoid those.
- Will reduce parents' defensiveness and tendency to deny putting their children in the middle of their conflicts.
- Parents will have the opportunity to practice more sensitive responses to situations through small group discussion and role-playing.

About the Trainer

Mimi Lupin, M.A., L.P.C., L.S.S.P.

Ms. Lupin has worked with parents and children for thirty years. She has been a counselor for emotionally disturbed children and worked as a diagnostician, testing children to determine placement. She is a licensed professional Counselor, parent educator, as well as a child of divorce, and was divorced herself. Ms. Lupin was a National Trainer for several years for Active Parenting and is the author of the program Old Me, New Me, a program for behavioral change for children with ADHD and behavioral problems. Ms. Lupin currently represents Family Works, Inc., as a sales representative and trainer. She teaches parents for the court system in Arkansas and trains leaders for Children in the Middle nationwide. Her workshops have been well received nationally and on military bases overseas.



See the Arkansas Democrat Gazette's article about Ms. Lupin's Children in the Middle program in the July 2, 2003 issue.